

Your Instructor;
James Hislop, LCSW-R
is a 40 year career
psychotherapist and is a
Board Certified Hypnotism
Instructor
for the National Guild of
Hypnotists.

To register or for
information, call
518-577-8367
jmh@jameshislop.com

Upon successful completion of
10 classes and the final exam,
students will become
capable of beginning independent
practice and hold the title of
Certified Consulting Hypnotist
and be full members of the
National Guild of Hypnotists.



James Hislop, LCSW-R, BCH
113 York Ave.
Saratoga Springs NY 12866

With special sections on
death, loss, afterlife,
stress, habits, and saying
good-bye

Learn to be a Hypnotist



*Certification meets the
standards set by the
National Guild of
Hypnotists
ngh.net*



Learn to be a Hypnotist

2023 Class Schedule

8:00am—6:00pm

Saturday & Sunday, Feb. 25, 26

Saturday & Sun, March 11, 12, 25, 26

Saturday & Sunday, April 8, 9, 22, 23

Make up dates:

Saturday & Sunday, May 6, 7

**100 hours of class demonstrations,
practice sessions, videos, movies,
discussion and the NGH Manual.**

Cost; \$2000.00 *All materials included*

939 Rte. 146, Suite 210
Clifton Park, NY
12065

6 Reasons to Become a Hypnotist

1. The professional hypnotist is able to significantly help clients with a number of concerns, such as habit control, confidence, lose weight, manage stress, and many others.
2. For licensed therapists, knowledge of hypnotism greatly enhances understanding and practice of psychotherapy.
3. Even if the hypnotist doesn't practice the technique of hypnotism, the training is transformative and a gift of personal growth. Learning hypnosis changes one's view of the world, developing a deeper appreciation of how belief systems of religion, advertising, politics, education are among many influence technologies that change peoples' minds and influence decisions.
4. Self hypnosis. Like the deeper forms of meditation, self-hypnosis enables the identifying, evaluating, and choice of what thoughts to believe and follow. There is a transformative moment when the student hypnotist realizes that mental life is thoughts, many of which cannot be proven, and that thoughts are not the self, and that experience and behavior can be altered by altering one's thoughts.
5. Enjoyment of stories. We experience emotional trances such as joy, passion, shame and regret. Trances can be induced, changed and dismissed. The hypnotist can view our existence as the theatre of life. Movies and stories can become an alternate reality to be experienced, often leaving the viewer changed.
6. To develop access to the subconscious mind, the realm of the unseen world, transpersonal psychology and mystical states.



Who Becomes a hypnotist?

Someone who is curious about the world of ethical influence and healing. Becoming a hypnotist changes the way one looks at life and relationships. The training is 100 hours of personal growth and skill development that will continue long after the training is done. For the spiritually minded, hypnosis is the bridge into the spirit world, the imaginative space between lives and previous consciousness.

Someone who has an interest in healing. Sickness is augmented or even created by disempowering thoughts, regrets and judgments expressed through the body. Healing arises from the trance of acceptance, forgiveness and release. Fear and constriction around physical pain can be relaxed and released. One's view of human nature will change.

Class topics:

New forms of assertiveness, directing internal theatre, and so many additional skills to be learned. Below are the class topics;

1. Introduction and Inductions
2. Stress management
3. Habit & smoking cessation
4. Weight and health management
5. Self hypnosis
6. Hypnosis and Evil
7. Pain management
8. The trance of Death
9. Spiritual and Transpersonal topics
10. Review, Topics, Final exam

Classroom Movies;

Scent of a Woman, Prince of Tides, Meet Joe Black, along with ***Jonestown, Devil's Advocate, The Sacrament.***